

**COPPELL I.S.D. ATHLETIC POLICIES**

It is the desire of the administration and coaching staff of the C.I.S.D. that being an athlete will be one of the highlights of her/his secondary school career. Being a C.I.S.D. athlete is a privilege; one that carries with it many responsibilities. The following is expected of our athletes:

1. Our athletes will be intent competitors on the field or court, but off the competitive area they are to conduct themselves as gentlemen or ladies at all times and always show respect for their teachers and other students;
2. Our athletes are to display positive leadership at all time in our school and community;
3. Our athletes are to always strive for the highest in physical, mental and moral values;
4. When we travel to compete against our rivals, our athletes will remember who they are and who they are representing and will conduct themselves accordingly;
5. As athletes they have the opportunity in the C.I.S.D. to receive a first-class education which is the primary reason for being there. Pride in the classroom will bring about pride on the playing field or court. They have to pass in the classroom in order to be eligible for athletics; (UIL) and
6. All athletes must adhere to the C.I.S.D. student code of conduct.

As athletes in the C.I.S.D. our young people have an image to reflect, one of positive leadership, character, responsibility and great competitive spirit.

Participation in the athletic program and/or University Interscholastic League contests is not a right but a privilege. No student is required to take part in the contest or activities. Therefore, it is imperative that all students taking part in the program understand the following Athletic Code and conform to the rules therein and that the coaches of the sport or activity shall have every right to remove these privileges. With administrative approval, coaches have the right to establish entrance and exit guidelines and rules of conduct – and consequences of behavior – that are stricter than those for students in general.

The following policy will be in effect for all athletes in the C.I.S.D. in order to be eligible to participate in any competitive sport or practice or program directly related to improvement in a sport.

On the Field or Court

The athlete must refrain from the use of profanity or resorting to illegal tactics. He must learn that both winning and losing are part of the game and that you have to be a good loser as well as a gracious winner. Temper fits, flagrant violations of rules, etc. will not be tolerated. Total respect to officials is an absolute must. Discussion of calls made by officials will be done by the coach. Any behavior contrary to the above mentioned or any other act which is not conducive to good sportsmanship may result in removal from the contest.

Personal Appearance and Grooming

Participation in competitive athletics is completely voluntary on the part of all students. To participate in athletics in C.I.S.D. there are certain standards which must be maintained; one of which is acceptable grooming and personal appearance.

1. Uniformity: Athletes do much traveling to other schools, towns, communities, restaurants, etc. as representatives of the C.I.S.D. Therefore, they should be groomed in a manner of which our community, school and sponsors will be proud. We expect our athletes to set the example for our school in the area of grooming and personal appearance.
2. Self-Discipline: One of the rewards of being an athlete is learning to discipline himself/herself. There is no better way to acquire self-discipline than to make sacrifices. Giving up untidy fads of dress and appearance is a very small sacrifice.
3. Hair: In accordance with school policy, hair shall be clean, well-groomed and out of the eyes and shall be styled in a way that is not distracting and/or designed to be conspicuous. The athlete's hair should be neatly trimmed to meet his/her coach's satisfaction. Facial hair such as mustaches, beards, goatees and extremely long side burns are not allowed.
4. Dress: The athlete should be neatly dressed which includes shoes and socks and complies with all other school rules relating to dress not covered in these policies.

Disrespect to Teacher or Coach

Any act of disrespect by an athlete to his/her teacher, coach or member of school administration will be handled on an individual basis. Punishment may call for expulsion from all athletic activities for one calendar year from the date of incident. His/her return would be determined by his/her conduct during the period of expulsion.

Training

The following rules apply to all athletes at all times:

1. No use of tobacco of any kind;
2. No drinking of alcoholic beverages; and
3. No abusive drugs (marijuana, narcotic, etc.)
4. No performance enhancing drugs (steroids, etc.)

These rules apply to all athletes at all times during his/her school career. Violations will be disciplined by the head coach and will be discussed in a Parent-Athlete-Coach Conference. These violations may result in expulsion from all athletic activities for up to one calendar year. At the end of the calendar year from the date of the violation, the case may be reviewed by all parties concerned. Conduct during the previous year will determine whether the athlete is to be reinstated into the program.

Other Rules

Obey all training/conduct rules given by his/her coach in a particular sport.

Miscellaneous

1. **Insurance:**
  - a. **Coppell ISD does not provide insurance coverage for students participating in athletics. Coppell I.S.D. provides ONLY catastrophic insurance. A supplemental health insurance policy is available for purchase during the first week of the school year or upon entering C.I.S.D.**
2. Theft:
  - a. Taking things from other players, students, school, etc. will not be tolerated. Punishment will be handled individually.
3. School Equipment:
  - a. The athlete is financially responsible for all equipment checked out to him/her. The athlete shall not wear or use school equipment for personal use, such as wearing a uniform to school. Equipment may not be removed from school property without permission from his/her coach.
  - b. Equipment must not be abused. It must be kept in the proper place in the locker room or on hangers.
4. Quitting: An athlete quitting the team after the first contest will:
  - a. Forfeit his/her award for the sport.
  - b. Not be allowed to participate in another sport until the season of the sport quit is completed unless the head coaches of both sports agree that the student would be better off in the other sport.
5. Practice and Game Regulations:
  - a. A coach must be consulted ahead of time if any athlete must miss a practice or game. Missing a game or practice without permission may result in suspension, expulsion from the team.
  - b. Obey all rules set up by the coach.
  - c. Profanity will not be tolerated.
  - d. Poor effort will not be tolerated
6. Facilities:
  - a. No horse play such as throwing towels, etc. will be allowed in the shower or dressing rooms
  - b. All showers should be turned off after use. Last person leaving shower room should turn off all showers.
  - c. The training room is a work office not a social hall.
  - d. Do not enter equipment room without coaches' permission.
  - e. Each athlete is responsible to see that his/her equipment is in its proper place before leaving
7. Travel: All athletes in junior and senior high schools represent the community, school, and coaches. Therefore, it is expected that all will dress in an acceptable manner on trips and conduct themselves in a manner keeping with this code.
  - a. Be on time for all trips.
  - b. Dress neatly as directed by coach.
  - c. Be mannerly in restaurants.
  - d. Each athlete is responsible to return his equipment to the proper place at school.
  - e. All students making the trip on the bus will return on the bus unless in an emergency type situation or when parents with good reason for returning with parents. The head coach must approve prior to the trip.

I, \_\_\_\_\_, have read the CISD athletic policies and agree to follow the rules.  
Student Name (Print)

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date